

PARENTHOOD PREPAREDNESS IN YOUNG MUSLIM FAMILIES

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ABSTRACT

The purpose of this research is to describe important points of parenthood preparedness in Muslim young families. Data were collected through qualitative methods and involve two Muslim young families to interview. Results show that the important points toward parenthood preparedness are selective in choosing a partner, looking for information from various sources, self improvement, and learn from their parents. These important points is being influenced by socioeconomic aspect, psychological characteristic, intelectual, and motivation.

Keywords: Preparedness, Parenthood Preparedness, Muslim Young Families

INTRODUCTION

Kuu anfusakum wa ahliikum naaro ... is the part of the Qur'an surah at-Tahrim (6). The meaning of the part of this verse is to keep yourself and your family from hell fire. Muslims should understand this. So, Muslim can understand that he/she must choose a right man/woman to accompany her/him. The right man/right wife can make a harmonious family.

عَنْ أَبِي هُرَيْرَةَ رَضِيَ اللَّهُ عَنْهُ عَنِ النَّبِيِّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ قَالَ: تُنْكَحُ
الْمَرْأَةُ لِأَرْبَعِ خِصَالٍ: لِمَاهَا وَجَمَاهَا وَحَسَبِهَا وَدِينِهَا، فَاطْفَرُ بِذَاتِ
الدِّينِ تَرَبُّثٌ يَدَاكَ.

From Abu Hurairah ra, that Prophet saw said woman have been married because four things. First, because her treasure (wealth/riches), second because her position, third because her pretty face, and fourth because her faith (diin-Islam). So, looking for woman whom (Islamic) Faith, you will get benefit (HR. Bukhari- Muslim dalam Nailul Authar no. 3420)

وَلْيَخْشَ الَّذِينَ لَوْ تَرَكَوْا مِنْ خَلْفِهِمْ ذُرِّيَّةً ضِعَافًا
خَافُوا عَلَيْهِمْ فَلْيَتَّقُوا اللَّهَ وَلْيَقُولُوا قَوْلًا سَدِيدًا ﴿٩﴾

"Let those (disposing of an estate) have the same fear in their minds as they would have for their own if they had left a helpless family behind: let them fear Allah, and speak words of appropriate (comfort)" (Q.S. An-Nisa : 9)

The verse above at least is able to be encourage fathers to make an effort on bringing up the the child as cautious, clever and useful. Equally important to the father, the mother has a roles for his son. As a *madrosatul 'uula*, the mother

becomes an important person in the process of instilling personality since early childhood. Such a formidable mother Hagar in the desert, his son grow into an Ismail. Like the girls who want to be honest in selling milk, her husband is the son of Caliph Umar ibn Khattab and his grandson is a fair named Caliph Umar bin Abdul 'Aziz. The skill to become parents are not included in the school curriculum, and therefore makes this research important in describing the key points to be qualified parents.

METHOD

Participants and Procedure

This research involve two Muslim young families with 1 until 3 years of marriage. The age of marriage of young families are between 1 until 3 years old because ussually they start to adapt with their partner and their new family atmosphere. Hurlock in Lis, et al (2005), young family will adapt one another on their marriage as long as 3 years.

Table 1. Data of Participants

No	Name	Age	Gender	Status On Family	Job	Information
1	MJA	27 y.o.	M	Father	BMT Staff	S1 Graduated
2	IRPNS	27 y.o.	W	Mother	Teacher	S1 Graduated
3	MA	27 y.o.	M	Father	Teacher	D2 Graduated
4	FB	25 y.o.	W	Mother	Teacher	College Process

Research Design

Taylor (Moleong, 2007) defines qualitative method is a research procedure with the resulting data are descriptive data in the form of words written or oral that can be observed.

Measurement/Research Instrument

Table 2. Guide Interview

No.	Preparedness Points	Interview Question
1.	Social	1. Are you studying?
	a. Education	2. Up to what level of your education?
	b. Job	3. Why do you study in?
		4. What is the biggest motivation you studying?
		5. Do you think the education that you have experienced has support your work?

2. Psychological (which provide optimal nurturing environment)
 - a. Sense of award parents
 - b. The ability to interact with others, especially couples
 - c. The ability to decide / resolve problems in a flexible
 3. Cognitive / Intelligence
 - a. Knowledge teenage mothers on children's growth and development a major milestone
 - b. Hopes of reality in children
 - c. Their attitude in parenting (to predict a child's cognitive abilities and socio-emotional)
 4. Lifestyle
 - a. Poison polluted environment or not?
 - b. Parents contaminated drugs or
6. What is your current job?
 7. Why did you choose it?
 8. Is there a side job that you do?
 9. Tell me how much time you use to work!?
 10. How much of your income from work that you are involved with?
 1. Tell me how does your parents used to take care of you! (you recall until you become this big)
 2. Are you going to follow the parenting of your parents?
 3. How do you view children?
 4. How long have you married?
 5. At what age did you decide to get married?
 6. What are the reasons you get married at that age?
 7. How is your life after marriage?
 8. Tell me the change that has happened to you after marriage?
 9. If there is a little problem in the household, what do you do to overcome it?
 10. What do you usually hold during solving problems?
 1. What have you learned about child development?
 2. Where did you learn it?
 3. Do you often observe the growth of children?
 4. If you have children in the future (if your child is born) what do you expect from them?
 5. Why do you have such expectations?
 6. What will you do to achieve your expectations of your children?
 7. Do you already have a concept of care in the future? If so, explain.
 8. What was the reason you have such a concept?
 1. Today, where do you live?
 2. How is the environmental conditions around your home?
 3. Is your house close to the plant

- not?
5. Maturity
6. Religious morality
- that often create pollution?
4. Tell me about the state of society in your home!?
 5. Tell me what activities you do everyday!?
 6. What do you consume daily?
 7. Are there any of you consume contain harmful substances?
1. In your own assessment what kind of person are you?
 2. What are your strengths and weaknesses?
 3. How do you rate your partner?
 4. What do you agree with your partner if you have children later?
 5. What all do you have you planned for your children as your spouse's plan?
1. What is the process you choose your partner?
 2. What efforts have you made to establish an Islamic personality of the child?
 3. Where do you entrust your child's education? Why?
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Data Analysis / Techniques

Sampling was done by purposive sampling, ie, a sample with the criteria established researchers as mentioned above. This study uses data analysis techniques with the approach of Miles, et al (2014), include:

1. Data collection
The collection of data is part of data analysis.
2. Data reduction
Simplify the process of data at the focus of research themes. The process includes conclusion of the data, encoding, the formulation of the theme, grouping, and presentation of data
3. Presentation of data
Building information focus, solid, and easy retrieval conclusions. The process includes a structured summary, synopsis, brief description, diagrams, text or matrix.
4. Conclusions / verification
Determination of the meaning of the data that has been presented.

All data has been collected with interviews, observation, and conversations. Guide on collecting data is very important to avoid some errors. Research have been conducted on Wonorejo village, district Sukoharjo. Young families on this village \pm 11 couples. List of young families can seen on tables below.

The experiment was conducted in February to the month of June 2015 by study informants numbering two families. Before the implementation of the study, researchers look for information in Wonorejo pemetakan Village, District Polokarto, Sukoharjo. Researchers conducted a mapping with the permission of the village chief and the data support the village midwife. Based on the data source of midwives, researchers were able to collect the data of young families in the village.

Researchers build rapport the two young families are a major source of research and informant for mapping. It was done so that the entire informant comfortable with the process of extracting data. The following is the implementation process of research ranging from beginning to end,

RESULT

Table 3. Socioeconomi Aspect

Participant	Explanation
MJA	<p><i>"I actually have a target married before 25 years old, but because of the time it's still not work, work here and there would not clear so I am not dare to marry" (W1MJ. 91-96)</i></p> <p><i>"... What is it like a key name to get to a gate that the contents of knowledge-knowledge..." (W1MJ. 131-133)</i></p> <p><i>"... Actually before this English language, ability religious knowledge well so if he has good knowledge certainly Sholihah..." (W1MJ. 163-165)</i></p> <p><i>"If my private plans, especially Islamic, IT" (W1MJ. 638)</i></p> <p><i>"One professor of mathematics ... Then the second is girl ... girl so linguists ... language ... Then the third one is a computer expert. Pengennya like that " (W1MJ. 651-656)</i></p> <p><i>"... Actually milk it's a food that is actually not easily digested by the body. Because adults have of lactase enzyme ... It's actually in a child, but when fully grown the enzyme disappeared. So if you get into the stomach it even harder to digest "(W1MJ. 720-723)</i></p>

Table 4. Psychological Characteristic

Participants	Explanation
MA	<p><i>"From events eg e grumpy or what mind still there ... I was like this was like this" (W3MA. 280-281)</i></p> <p><i>"E ending the ending actually ... he offers what so, I want to ... then after that yes it is true" (W3MA. 284-286)</i></p> <p><i>"That ending.. sometimes thinking the payment is just chicken noodle .. it's gone later ... uncle laugh, just laugh in his heart because it happened that way ... so what is so already bought a chicken noodle so it was back again ... only that "(W3MA. 289-292)</i></p>
FB	<p><i>"...but there's a silver lining, certainly for our good. Alhamdulillah insyaaAllaah not mind the life that now "(W4FB. 711-71</i></p> <p><i>"... for encouraging heheheh" (W4FB. 721)...</i></p> <p><i>"Thank God ... I am happy stay here hhhhhe ..." (W4FB. 1121-</i></p>

1122)

"Clearly religion. All that if returned there, life is very good. No, no, not what ya ... not thinking about world grandiose. But ... all returned over the ... good. cultivated if i own right also can not.. live ... but cultivated later .. for example for example there is a problem like this.. then be learned "(W4FB. 1217-1231)

Table 5. Intelectual

Participants	Explanation
MJA	<p>"... But if we become father, first to give science, the second give us this ... tauladan" (W1MJ. 207-209)</p> <p>"... If them was the age of three months ... it's been able to listen ... Pasted headset murottal ..." (W1MJ. 244-247)</p> <p>"Yes yes yes although we are not just making a living, but also to educate so ... how the child so the child so pious sholehah how" (W1MJ. 313-315)</p> <p>"Ya later the boy wanted to learn what it is handed over only this yes, yes there are certain limitations that keep us forbidden. The boundaries that should not be "(W1MJ. 378-381)</p> <p>"Anyway ... I teach daily activities. What about what he did ... he could. Yes, maybe the standards ni ya ya ... play "(W1MJ. 447-449)</p> <p>"Yo yo sometimes there is little burden of having to pay and all that stuff yes ... maybe no reward load it ... when we educate children we have reward ... the reward is definitely the reward ... Certainly that the load does not make us not able to bear it" (W1MJ. 580-588)</p>
IRPNS	<p>Yes there was, it was the first benefit ... she also benefit yourself, it's so rescuers him when later in the afterlife ... hehehe ya can help parents like that. Ho'o ... keep ya be what it is called keeping what its name suggests authenticity of the Koran um .. contribute ... Often even murottalan so.. yes with the hope that when he was born was no stranger with the surah, it would be easy. Yes, everyday is minimum.. e either after maghrib or whenever read the quran.. he essentially is nearby, whether ... whether Ms. whether abinya whether there is grandmother "(W2IR. 265-289)</p> <p>"Clearly Salih. Should Salih, just have to know the religion ... it is the very first, most patents, problem is he a leader, kept the latter must not smoker hehehe. The third was never dating, the fourth is responsibility and so on. It kriteriaku heheheh "(W2IR. 306-317)</p> <p>"I give, it's the time of gave birth, I also do not understand already out or not , do not know the deck, something that is important when it is born, I teach breastfeeding." (W2IR. 892-894)</p> <p>"If father look for ma'isyah, but later yes help, help for</p>

	<i>educate. not necessarily the responsibility of educating be given to the Mother, the father should contribute, yes the old man "(W2IR. 1069-1074)</i>
	<i>"I left the milk, I squeeze. I try, I wanted to two years. fulfilled "(W2IR. 1228-1231)</i>
	<i>"When he was able chattering, I wanted to teach the words good. I want ya to avoid negative words anyway. said do not be minimized, it is not" (W2IR. 1370-1375).</i>
	<i>"Changed into ih very tractable hehehe. later it was a part, yes it's like a child being fed so, it is that one of the effort "(W2IR. 1382-1387)</i>
	<i>"Yes flows, the most important foundation , religion, remains of the base, the base, must, must understand religion. If he/she could be religious, insyaallah the others easily follow. "(W2IR. 1429-1432)</i>
	<i>"Ya do not want to impose the will heheh, because my earlier too, I was given the same freedom from my mother and father." (W2IR. 1489-1491)</i>
MA	<i>"He just likes to follow, I am again doing, diikutin, if longer fish handle in the pond, he wants to play, I let played water. Tolerate anything, later if he knew the fallen is ill, moved from there. "(W3MA. 421-427)</i>
	<i>"So I do not apply the principles of forbid. No.. So a little forbidden, a little not. If want something, if he likes to play, if not dangerous, let him feel bored alone. Already finished" (W3MA. 429-432)</i>
FB	<i>"If I, which is clearly yes faith, it is clearly yes. And then, he actively participated. I had also joined the organization, NA too "(W4FB. 353-355)</i>
	<i>"Do not imitate, as long as it is good for children. Experience, for example, parents used to like less good, then we can improve it"(W4FB. S 909-912)</i>
	<i>"is it not immediately.. The problem is, so far as I know only breast milk that came out the first time after giving birth. As long as it was so. I do not know "(W4FB. 1246-1255)</i>
	<i>"If the heat once brought to the midwife for the drug, if only heat, give onions soon. Coughing was given kencur"(W4FB. 1131-1134)</i>
	<i>"The old parents who had ordered this, so do not have to. I am a simple .. Flowing, has read the book if the preparation, then it's the people who are already experienced. So very naturally ehheh so I don't need, preparations are clear preparations. To be sure of yourself "(W4FB. 836-851)</i>

Table 6. Motivation

Participants	Explanation
MJA	<i>"Surely it's eee.. this fix eee improve what ya ,, still the same as before trying to become more mature again .." (W1MJ. 63-64)</i>

IRPNS	<p><i>"Yes, I also experienced .. I do not, not what ya.. When school I haven't such that.. When the changed.. When, waw always wanted to be a doctor what ya.. Then when it changed again.. I do not want my children like it too.. So, what's her/his potential.. "(W1MJ. 342-348)</i></p> <p><i>Because I motivated myself .. Do not too long drunk" (W2IR. 627-628)</i></p> <p><i>"I did, but I did not enter just like that. Anyway, I do not like that. So the suggestion, suggestion myself. I have proved that I did not anyway, hehehe ... Finally Alhamdulillah. No nothing, so yes check, when check it was not given anything "(W2IR. 657-661)</i></p> <p><i>"A lot of-a lot of reading in order to understand" (W2IR. 413)</i></p> <p><i>"The role of a mother for me, that mother Madrasatul ulo, the first school for their child. If possible, efforts are made how to give a good example to her children. I wanted to like that, whether it can either read the Qur'an or could be anything.. I want taught, I was the first"(W2IR. 1051-1054)</i></p> <p><i>"Alhamdulillah full dik, my intention is part of education, as early as possible" (W2IR. 803-804)</i></p>
MA	<p><i>"... Just what, it's like every night playing badminton, it's taking care, care.. basically just got the leftovers.. if no person, to purchase should the building, pay more, but if the person many, the rest many" (W3MA. 650- 655)</i></p> <p><i>"Maybe, maybe if there were plans generally it when it's Junior High School .. she already knew .. means the existing provision. What religion from childhood, when you Junior High School, there are activities outside school .. If here the IRM, IPM existing been there, maybe later the child can choose his own "(W3MA. 999-1005)</i></p>
FB	<p><i>"I want religiously ... My problem is I scared of intercommunication now. Right, ya Allah terrible, if I can religiously "(W4FB. 761-766)</i></p> <p><i>"Yes taught the Qur'an, teach prayer, teach him everything good" (W4FB. 800-801)</i></p>

DISCUSSION

Islamic family is exemplary family. built on the belief (tawhid), worship properly, morals straight (noble), and have a strong fikrah Islamiyah.

أَلَمْ تَرَ كَيْفَ ضَرَبَ اللَّهُ مَثَلًا كَلِمَةً طَيِّبَةً

كَشَجَرَةٍ طَيِّبَةٍ أَصْلُهَا ثَابِتٌ وَفَرْعُهَا فِي السَّمَاءِ ﴿٢٤﴾

"don't you see how Allah sets forth a parable ? – a goodly Word like a goodly tree, whose root is firmly fixed, and its branches (reach) to the heavens" (QS. Ibrahim: 24)

تُوتِي أَكْلَهَا كُلَّ حِينٍ بِإِذْنِ رَبِّهَا وَيَضْرِبُ اللَّهُ الْأَمْثَالَ لِلنَّاسِ لَعَلَّهُمْ

يَتَذَكَّرُونَ ﴿٢٤﴾

"it brings forth its fruit at all times, by the leave of its Lord. So Allah sets forth parables for men, in order that they may receive admonition"(QS. Ibrahim: 24)

Qur'an and Sunnah as a guidelines of life that does not allow in manifest error

Taroktu fiikum amroini lann tadhillu ma amasaktu bihima kitaballaah wa sunnatannabiihi

"Rasulullaah SAW said that,

"I leave in the midst of you two cases that you WILL NOT LOST for You cling to the two cases mentioned, the Book of Allah (the Qur'an) and the Sunnah of the Prophet" (Hadith, in Muwatok Imam Malik)

Household ideal pervaded by peace, love, and affection

وَمِنْ آيَاتِهِ أَنْ خَلَقَ لَكُمْ مِنْ أَنْفُسِكُمْ أَزْوَاجًا لِتَسْكُنُوا إِلَيْهَا وَجَعَلَ

بَيْنَكُمْ مَوَدَّةً وَرَحْمَةً إِنَّ فِي ذَلِكَ لَآيَاتٍ لِقَوْمٍ يَتَفَكَّرُونَ ﴿٢١﴾

"And among His Signs is this, that He created for you mates from among yourselves, that you may dwell in tranquillity with them, and He has put love and mercy" (QS. Ar-Ruum: 21)

Married couple understand each other weaknesses and strengths, know their rights and obligations, understand the duties and functions of each, responsibility, sincerity, and always hope and the blessings of Allah SWT. Parenthood Preparedness Baumrind and Thompson (Brooks, 2011) states that the parents committed to enduring the long period of child development and invest in a child's life as a concern and responsibility have status as a parent.

Chaplin (2000) defines preparedness as a developmental level of maturity that would be beneficial if practiced. Weiner (2009) readiness for change, behavior change is necessary in order to effectively implement the change. Preparedness to become parents is a level Individual development becomes parents. Individuals at a certain age has reach the age of maturity into a father and a mother.

وَالَّذِينَ يَقُولُونَ رَبَّنَا هَبْ لَنَا مِنْ أَزْوَاجِنَا وَذُرِّيَّاتِنَا قُرَّةَ أَعْيُنٍ وَاجْعَلْنَا

لِلْمُتَّقِينَ إِمَامًا ﴿٧٤﴾

“and those who pray , Our Lord! Grant to us wives and offspring who will be the comfort of our eyes and give us (the grace) to lead the righteous” (QS. al Furqaan: 74).

United States Census Bureau (Strong & Cohen, 2014) defines family as a group of two or more persons related by birth, marriage, or adoption who live together. So, Family consists of a husband, wife, and children as their descendants. Together towards a happy family became comfort of their eyes to everlasting life in the hereafter.

Background of research is

1. There is no subject about being parenthood
UU RI Number 1, 1974 Chapter 2 Section 1 mention that marriage will be allowed if the groom has reached 19 years old and the bride at least 16 years old. So, maybe on senior high school can be included this subject
2. Mostly, father as a leader and mother as a first educator for children have not maximize their best role (implied in direktorat pembinaan pendidikan masyarakat, 2014)
3. Lack of islamic studies

Problem statement from Anies Baswedan (Wahyuni, 2014), Minister of Culture and Basic Education Secondary. He said that,

“Today, parents are the most important educators not prepared. So they prepared themselves individually. Going forward, the government will help prepare. Parents need to find practical ways of educating children. For example, how to set the time watching television, manage internet, or get children to be honest. Such kind of techniques as it is needed. Faculty of parenting, parenting in our knowledge there has been no”

Blame the child, altercation between father and mother or child ignore an advise make bad environment childcare. So, the process of parenting is not optimal.

The objective research is to describe the important points of parenthood preparedness in muslim young family. Question research which formulated are

1. What is the aspects of parenthood preparedness ?
2. What the important points of parenthood preparedness ?
3. What aspects affecting parenthood preparedness ?

Brooks (2011) explains that being a parent needs to have a lot of readiness as a provision for the future. He sets aspects of readiness required are as follows:

1. The social aspect

The social aspect is meant here is education and employment. Education and employment are two important things to support the family economy. Parents need as a right step to support children with all their needs. Pamela and Kean (2005) states that income and education of parents turned out to affect the child's academic achievement.

“Parents’ years of schooling also was found to be an important socioeconomic factor to take into consideration in both policy and research when looking at school-age children”.

It is important for parents pay attention to socio-economic circumstances, as it turns socioeconomic circumstances affect parents in educating their children. Parent education affiliated to the employment and income. Socioeconomic circumstances should indeed be improved without incurring losses. Losses in question is a lifestyle spending money that causes mental poverty as Gregg, Propper, et al (2008) states that,

“adverse consequences of higher-income lifestyles Our results show that there are aspects of higher income lifestyles that are associated with relatively poorer developmental outcomes in children”.

2. Psychological Characteristic

Parents have a strategic role in providing optimal parenting for children. Optimal parenting can immediately put into practice after the child is born. Christoph Heinicke (2002) identifies three psychological characteristics of parents who provide optimal nurturing environment. It includes self-esteem of parents, their ability to relate to others in a positive and mutually satisfying (especially with a partner), as well as their ability to decide the issue flexibly.

3. Intellectual

Parents have the responsibility of caring for the children. Supervised child care would be better if administered alone. That's because not all caregivers understand how parenting is good and right. Ertem, et al (2007) explains that the caretakers of Turkey possible lack of information about the child's development. So that mothers and fathers do need to escort their children to minimize caregiver. It needs a mother's knowledge about children's growth and major milestones of development, the child's expectations of their reality, and their attitudes about parenting that can predict a child's cognitive abilities and socio-emotional in his childhood. Individuals who enter early adulthood meant he was in the formal operational stage. At this stage, the individual has begun capable of abstract thinking and able to see possibilities that occur.

4. Life Style

When parents know that the mother had been pregnant, 4 to 8 weeks of the first stage of an important development has taken place and fathers and mothers who are exposed to drugs and toxins polluted environment can affect growth in children before the pregnancy is known. Arita (2013) suggested that consumption should be avoided is as follows:

a. Cigarette

Smoking behavior in pregnant women results in a decrease in fetal health, such as a decrease in birth weight, the risk of premature birth, and prenatal mortality. Psychologically, children are at risk of psychological disorders such as hyperactivity and ADHD. Find research results yes.

b. Alcohol

Alcohol has the potential for fetal limb abnormalities, growth retardation before and after birth, and mental deficiency. Henriksen (Santrock, 2012) states that men and women who consume alcohol in the weeks of conception increases the risk of miscarriage.

c. Caffeine

Caffeine present in tea, coffee, cola, and chocolate drinks. Caffeine consumption is closely related to low birth weight.

d. Cocaine

Cocaine works as a stimulant of the central nervous system that lead to increased heart rate, vasoconstriction and hypertension. Santrock (2012) wrote that cocaine is not at all recommended for consumption.

The head of 'Aisiyah (1994) states that the father and mother have a duty to educate their children and make their families into Vegas. In order to create harmonious family, which must pass the following guidance:

a. Guidance Aspects of Religion

1) Against the father and mother

Father and mother play a major role in the religious education of children, so that father and mother are required to know the religion, appreciate, and practice it in order duties as a father and a mother can be done well.

2) Establishment of religious life in children

Religious education for children is one of the important factors in the development of his personality. So as to produce seeds, namely Muslim personal intact with a solid religious foundation.

3) Development of household atmosphere Islami

To make into an Islamic household, things that need to be considered include, Islamic space, attitudes, and behavior Islamic. Spatial is the home that is always clean tidy, it says "Assalaamu'alaykum Wr. Wb. "Taped on the door, and a special prayer congregation space (mosque). While Islamic attitudes and behavior in getting used to pray before conductticipactinnes and grateful after completing it, get used to give a sentence thayibah (like Bismilillaahirrahmaanirrahiim if about to begin activity, Alhamdulillah when it gets the pleasure, Innalillaahi wa inna ilaihi rooji'uun when receiving the disaster, masyaaAllaah when there is something admirable, Subhanallaah when the surprising thing, astaghfirullaah when making mistakes, AllaahuAkbar when successfully completing the work on time, Naudzu billaah when you want to avoid something undesirable), eliminate customs that do not match the demands of Islam, stay in touch, as well as discipline in prayer and fasting.

b. Aspects coaching Education

1) Education family

The family, especially the father and mother at the center of a role model for their children. Besides the family as a preventive element of all the negative things that come from within the family (stupid, lazy, poor) or from outside the family (westernization, the influence of other beliefs that are not good for Aqidah Islamiyah). Next is the element of evaluation or improvement in order to achieve harmonious family destination.

2) School education

Selection of schools is important. Parents should direct the child in an Islamic educational institution, it is because Islam-based

educational institution full of Islamic education that is able to provide a good experience of religious education and help the formation of individual Muslim were intact.

c. Development of Health Aspects

Healthy living for families is indispensable for the convenience of living in the world and in the hereafter. The balance between body and soul and spiritual body supports a healthy life. Health coaching is influenced by several factors, including:

1) Environmental factors

A healthy environment is affiliated to a healthy life. The herbs can be used as vegetable and animal proteins that can generate high. Then place a clean and dry with a family habit to apply clean.

2) Behavioral factors

Behaviors that support health, among others, serve halal food drink, healthy, clean clothes from the unclean, the use of time as well as possible,

3) Heredity

This is related to the obligation mothers breastfeed their babies, because breast milk is the best food for babies. In addition, breastfeeding can reduce the risk of breast cancer. Further on spacing of pregnancies that are tailored to the condition of the father and mother.

4) Factor of facilities

Facilities here are linked to the nutritional needs of children. Every mother and father must be attentive to child nutrition, immunization escort, and the child's weight.

d. Fostering Economic Aspects

1) Planning Bylaws

The stable state of the economy is able to support the happy family. The family demanded to be able to weigh the needs and desires with the scale of priorities.

2) Increasing Family Income

Emphasized in an innovative form and utilize their expertise to supplement the family income.

3) The spirit works

Things were able to increase morale among other things, the intention of devotion to Allah, self-discipline is strong, introspective so that the maximum of his work, hard work, sense of love so that the work can be developed, and a strong will.

e. Fostering Social Aspects

1) Conduct a basic interaction between humans

Man is an individual and social beings who should be treated as a human being, so it is not treated like other creatures.

2) The behavior of family relationships

This behavior includes fostering success in the world that supports life in the hereafter, prepare family members are in good health, knowledge, own property, and is useful for people who are religious.

3) Conduct a family relationship with his brothers

"No (perfect) faith someone of you all, so he loves for his brother as he loves for himself" (HR. Bukhari from Anas).

Treat you like yourself will lead to comfort and tranquility in the association.

Both theories above show the same essence in explaining aspects of readiness to become parents. Before formulating important points that should be considered in older people, researchers will describe the psychological aspect and to Islamization which turned out to have the same essence as combined.

Brooks (2011) mentioned the social aspects contains about education and employment. Education is able to support the work of parents and be able to generate revenue. This situation also affects the parents in educating their children. Brooks social aspect of the theory is in line with the theory put forward by the Central Executive 'Aisiyah (1994), the coaching aspect of education, coaching aspects of health, economic and development aspects. Social aspects proposed by Brooks in line with the development aspects of education due to the coaching aspect of education is also associated with the father and mother who later became the center of a role model for their children. Then coaching is also to choose the child's school. So educated parents were able to get a job that generates enough money to support children attend quality schools in shaping the personality of the child. Further linkages with the social aspects of the health aspects of coaching lies in the availability of funds for the nutrition of children and meeting the needs of clothing protected from unclean too costly. Further linkages in fostering economic aspect, in which explains the need of financial management for all kinds of needs. Economic stability as well as increased revenue will be pursued to achieve the needs of children and families so that it takes too passion or enthusiasm in carrying out the work. The description above makes researchers named this aspect as socioeconomic aspects. This makes the chain link informant careful and selective in choosing a partner or companion in the household. Aside from meticulous in terms of religion, education is also a consideration in choosing a partner informant.

"... What is it like a key name to get to a gate that the contents of knowledge-knowledge ..." (W1MJ. 131-133)

"... Actually before this English language, ability religious knowledge well so if he has good knowledge certainly Sholihah ..." (W1MJ. 163-165)

"... Actually before this English language, ability religious knowledge well so if he has good knowledge certainly Sholihah ..." (W1MJ. 163-165)

"salih clear yes. Should Salih, just have to know the religion ... it is the very first, most patents, problem is he a leader, kept the latter must not smoker hehehe. The third was never dating, the fourth is responsibility and so on. It my criteria heheheh " (W2IR. 306-317)

"If I, which is clearly yes faith, it is clearly yes. And then, he actively participated. I had also joined the organization, NA too " (W4FB. 353-355)

Informant said like that. Their response describe that informant have a vision can develop his child future.

The next discussion is psychological characteristics. Psychological characteristics described by Heinicke (2002), which identifies three psychological characteristics of parents who provide optimal nurturing environment. It includes self-esteem of parents, their ability to relate to others in a positive and mutually satisfying (especially with a partner), as well as their ability to decide the issue in a flexible (have coping strategies that can be relied upon). This corresponds to the theory of the Central Executive 'Aisyah (1994) on the social aspects of development. Fostering social aspects included in this case because the coaching is about the behavior / interaction between people, between families, and between siblings which means building a positive relationship with them all. Researchers call this psychological characteristics.

"E ending the ending actually ... he offers what so, I want to ... then after that yes it is true" (W3MA. 284-286)

"... for encouraging heheheh" (W4FB. 721)...

"Alhamdulillah good.. I am happy stay here hhhhhe ..." (W4FB. 1121-1122)

All of which affect the child care environment that is optimal and healthy. Number three is about cognitive. This aspect is related to the understanding, insight, and thought processes. This aspect is related to the coaching aspect of religion in Central Leadership 'Aisyah (1994) and also enter inside lifestyle. Everything associated with the insight and knowledge of the child. This includes knowledge of parents about how she nurture their children in Islamic and provide healthy physical for their children by not taking things that are unhealthy or unclean.

"I left the milk, I squeeze. I try, I wanted to two years. fulfilled "(W2IR. 1228-1231)

"He just likes to follow, I am again doing, diikutin, if longer fish handle in the pond, he wants to play, I let played water. Tolerate anything, later if he knew the fallen is ill, moved from there. "(W3MA. 421-427)

"Yes yes yes although we are not just making a living, but also to educate so ... how the child so the child so pious sholehah how" (W1MJ. 313-315)

"The old parents who had ordered this, so do not have to. I am a simple .. Flowing, has read the book if the preparation, then it's the people who are already experienced. So very naturally ehheh so I don't need, preparations are clear preparations. To be sure of yourself "(W4FB. 836-851)

"Ya do not want to impose the will heheh, because my earlier too, I was given the same freedom from my mother and father. "(W2IR. 1489-1491)

The new aspect found here is the aspect of motivation. Both of theories has not mentioned motivation as an aspect being parenthood. Motivation can increase knowledge, have more spirit to looking for information from various sources, and never give up to give a best response for children.

"Yes, I also experienced .. I do not, not what ya .. When school I haven't such that.. When the changed .. When, waw always wanted to be a doctor what ya .. Then when it changed again .. I do not want my children like it too.. So, what's her/his potential.. "(W1MJ. 342-348)

"The role of a mother for me, that mother Madrasatul ulo, the first school for their child. If possible, efforts are made how to give a good example to her children. I wanted to like that, whether it can either read the Qur'an or could be anything.. I want taught, I was the first"(W2IR. 1051-1054)

"Surely it's eee.. this fix eee improve what ya ,, still the same as before trying to become more mature again .." (W1MJ. 63-64)

"In the past it Baraka Baraka .. what ya .. Barakallah? Salim A Fillaah. That book is already passable for preparation "(W2IR. 417-419)

Ee many, television is also ever existed, then clearly of the books I read. Obviously dik, maybe few detail, from there "(W2IR. 949-952)

"No, pregnant women books earlier . From the start of the first trimester, second trimester, third trimester there is the all. Until after delivery what we should doing. Until the risk that the best / worst what we should be doing .. exist. So I read .. heehe "(W2IR. 954-958)

CONCLUSION

So, to reach parenthood preparedness, the important points are: 1) Selective in choosing a partner. The existence of a common vision and mission. This makes the socio-economic aspects and intellectual; 2) Looking for information from various sources; 3) Self improvement; 4) Learn from parents

Research findings can be usefull for Muslim peoples and Muslim families as a reference or insight. Then, for marriage counselor, family counselor, and advocacy team as a messenger that this information is widespread and can be taken advantage. The last, for next researcher as a idea or view and do more detail research.

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